# CRD TRAINING INSTITUTE FALL 2023 SEMESTER



Deepen Your Knowledge of God's Word for personal growth and spiritual development

- Gain a better understanding of the Bible
- Build a strong foundation of faith
- Apply biblical principles to your everyday life



Register Today for Biblical Counseling Training

Call 215.877.1530 or visit www.crdonline.org



## **Discover The Power Of Self-Counseling**



## **FOUNDATION FOR COUNSELING**

- ⇒ What is it about yourself that you've been trying to change but have not been successful?
- ⇒ Don't you want to stop stumbling over the same types of issues?
- ⇒ Would you like to experience lasting change and live victoriously?

<u>Biblical Counseling 1</u> will teach you how to deal with the "war within" and examine yourself biblically so you can live in a manner that pleases the Lord.

Prerequisite: A hunger and desire to change your life for the better

### Your training includes:

- 3 1/2 months of exercising your mind
- 4 lectures to equip you to battle life's challenges
- 50+ biblical principles that God will use to change your life

#### **Course Outline:**

- How to solve major problems in your life
- How to live with problems with God's peace and joy
- How ungodly thoughts lead to ungodly deeds resulting in stress and tension
- How to overcome a bad temper
- How to be reconciled to a person
- How to deal with depression and so much more!

### After this course, you will be able to....

- Develop strategies for problem solving in your own life
- Grow in confidence in facing life's problems
- Practice sound counseling techniques
- Establish yourself as a helper of others

Cost \$165.00

(Plus the cost of textbooks, etc.)



# Empower Others Through Biblical Counseling



## **LEARNING TO COUNSEL OTHERS**

This is a 14-week training course in biblical counseling. Students will observe role playing of counseling case studies. Students must complete course BC-1 before being eligible to take BC-2.

#### **Course Outline:**

- What is the ministry of counseling
- The goals that affect change in a person
- The source and basis of hope
- Why the counselor's attitude is important
- How to use the Bible in counseling others
- The methodology for change
- · Question-asking techniques
- Nouthetic confrontation
- The need for homework

## After this course, you will be able to....

- Understand the dynamics of biblical counseling
- Select and use methodology for change
- Help other people with some of their problems
- Proceed to analyze case studies

Cost \$165.00

(Plus the cost of textbooks, etc.)



## **Specialized Guidance For Life's Complexities**



## **COUNSELING TOPICS**

This is a 14-week training course in advanced biblical counseling. You will deal with a range of problems that are common to those seeking counsel. Students must complete courses BC-1 and BC-2 before being eligible to take BC-3.

#### **Course Outline:**

- The power of the Bible to covert the unsaved
- The power of the Bible to cause Christian growth
- The objective and benefits of ongoing self-counseling
- The qualifications of Christians as Biblical Counselors
- How Christ, the Holy Spirit, the church, the counselee and counselor all work together for counseling success
- · Learn more about the steps in biblical counseling
- How to live to please God
- How to identify over 73 sins
- How the Holy Spirit can change a person's temperament

#### After this course, you will be able to....

- Help others solve more of their problems
- Mature in understanding (in a practical way) using biblical counseling techniques
- Be better equipped to counsel homosexuals
- Counsel those with low self-esteem

Cost \$165.00

(Plus the cost of textbooks, etc.)





## **CASE PRESENTATIONS & REVIEW**

**Enhancing Counseling Skills Through Real-Life Cases** 

Spend one year in a biblical counseling internship program. You will assist senior counselors and counsel under supervision. Students must complete BC-1, BC-2 and BC-3 before being eligible to take BC-4. By passing this course satisfactorily, you will receive your Biblical Counseling Certification.

#### **Course Outline:**

- How to write a case summary
- How courtship can affect marriage
- How to counsel those who are divorced
- How to live a holy life
- Keys to understanding different personalities
- How to do counseling research
- Counseling techniques through counseling characters from the Bible
- Issues that should be raised before marriage
- Questions that should be asked during pre-marital counseling

## After this course, you will be able to...

- Do pre-marital counseling
- Train couples for marriage
- Teach God's purpose for marriage
- Teach each spouse their biblical role as husband and wife

#### Cost \$449.00

(Plus the cost of textbooks, etc.)

Paid in 2 installments during the year. \$225.00 required by 9/11/23; \$224.00 due by 1/8/24

## The Advanced Biblical Counseling Courses are designed to help you:

Develop and sharpen your critical thinking skills

**Change your mindset** • Change your destructive habits

Identify problems o Improve your listening skills as you hear case files

Learn effective note taking skills

Learn the importance of verbal communication

**CRD TRAINING INSTITUTE—FALL 2023** 





# You Can Advance in Greater Biblical Counseling Knowledge Through

## 12-STEPS WITH GOD

### **COURSE DESCRIPTION:**

This course is designed to help students master the Twelve-Step Recovery Program. Students will be introduced to the biblical principles and precepts which are the propelling force behind the Twelve-Step Recovery Program. Students will learn how to effectively counsel those who are addicted and are substance abusers by using the Twelve-Step Program. Intense review of the twelve steps and learning how to effectively use this program are the focus of the course.

## AFTER THIS COURSE, YOU WILL BE ABLE TO:

- Help the counselee recognize God's power in helping them to succeed at every step
- Help the counselee maintain progress in recovery
- Practice the principles of meditation and spiritual discipline

"This class made me examine myself and helped me to understand why I do the things I do."



## **Learn To Break Free From Your Addictive Behaviors!**

Fall Semester 2023
Monday, September 11, 2023

12-STEPS WITH GOD

This is a 14-week Recovery Training Course in Steps One Through Six. You will be trained in how to identify addictive behaviors.

#### Course Outline—Part 1

- The origins of addictions—the dysfunctional roots
- How to examine recovery profiles in the Bible
- Discover God's plan for deliverance
- Understand the role of submission in recovery
- Understand the power of the role of conversion in recovery
- Self-examination time—uncover your own addictions
- Learn the Christian foundation for origin of the 12-Step Program
- How to effectively prepare for each step
- Workbook completion and journal entry

#### The Purpose of Steps One Through Six:

- Understand your position in your addiction
- Understand God's power to deliver
- Understand the necessity of giving up the throne of your life
- Begin the healing process
- Understand your responsibility to others
- Discover the pattern of sin in your life
- Acknowledge that obedience to God comes through humility
- Cost \$165.00 (Plus the cost of textbooks, etc.)

## Spring Semester 2024 Monday, January 8, 2024



This is a 14-week Recovery Training Course in Steps Seven through Twelve. You will learn how to effectively counsel those who are addicted.

NOTE: Students must complete Part 1 before becoming eligible to take Part 2.

#### **Course Outline—Part 2**

- Learn the role of repentance in recovery
- Learn the role of humility in recovery
- Understand the discipline of making amends
- Understand how the old nature and new nature operate
- Articulate a new way of thinking
- Practice counseling using Steps Seven through Twelve
- Workbook completion and journal entry

## The Purpose of Steps Seven Through Twelve:

- · Discover new patterns of thinking
- Learn the role of restitution and atonement
- Understand the importance of self examination
- Acknowledge the importance of spiritual development and growth in the Lord
- Understand your responsibility to carry the message to others
- Examine the importance of reconciliation and restoration in relationships
- Practice the principles
- Cost \$165.00 (Plus the cost of textbooks, etc.)



# SECRETS FOR A SUCCESSFUL MARRIAGE THAT WILL LAST A LIFETIME

A Comprehensive and insightful class that explores the essential elements for building a strong and fulfilling marital relationship.



Class Starts
Tuesday, September 12, 2023
6:30pm—8:00pm

## **Learning Objectives:**

- Understand the common challenges faced in marriage (communication, finances, intimacy and parenting) and develop strategies to address and overcome these challenges effectively.
- Explore the impact of individual upbringing on the marital relationship and learn how to navigate differences in backgrounds to foster a harmonious and thriving marriage.
- Examine the dynamics and influences of external factors, such as children, parents, in-laws and grandparents; acquire skills to manage these relationships in a way that strengthens the marital bond.
- Embrace the spiritual foundation of a successful marriage, recognizing the importance of a threefold cord: the husband, the wife and GOD.
- Understand the significance of seeking God's guidance and wisdom in all aspects of the marital relationship.

Cost \$165.00 (Plus the cost of textbooks, etc.)

## **GENERAL INFORMATION**



### PRE-REGISTRATION:

Registrations received by Wednesday, September 6, 2023. We are accepting registrations now! *Register early!* 

**Payment is due at time of registration.** A non-refundable \$50.00 tuition deposit is required to confirm registration. This deposit will be applied to your final balance which is due and payable **IN FULL** on Monday, September 11, 2023. Payment for tuition and fees may be made by cash, check, money order, MasterCard, Visa, American Express or Discover Card. (No payment agreements / no term payments / no post-dated checks will be accepted).

Checks or money orders should be made payable to Christian Research & Development (CRD).

### **LATE REGISTRATIONS:**

Registrations and payment of balances received between September 12-25, 2023 will incur a non-refundable \$30.00 late fee. in addition to the full cost of the course.

Last Day to Register: Monday, September 25, 2023

#### WITHDRAWAL AND REFUND POLICY:

To withdraw from a class you must **officially** withdraw/drop by completing a "Withdrawal Notification Form". These forms are available in the first floor Administrative Office at Christian Stronghold Church, your registration packet, or you may call CRD (215.877.1530) to receive a form via mail/fax.

The deadline for dropping a course is **on or before CLASS SESSION #2**. No tuition refunds will be given after Class Session #2. Refunds will be granted only with proper notification and within the specified time spans. Refunds for student withdrawing from courses will be based on the schedule below. Failure to officially withdraw by the deadline will result in no refund and non-transferring of tuition and/or deposit to next semester. Refunds will be issued 4-6 weeks after the "Withdrawal Notification Form" is received by the CRD office.

Note: There will be no refunds or exchanges for books or CDs purchased for a course that is dropped.

## **FOUR EASY WAYS TO REGISTER**

BY MAIL: Complete the registration form on next page and

mail along with your payment (no cash) to:

CHRISTIAN RESEARCH & DEVELOPMENT

Attention: CRD Institute Registration

4701 Lancaster Avenue, Philadelphia, PA 19131

**ONLINE** www.crdonline.org



## BY PHONE:

To register by phone using a credit card, call 215-877-1530. This number is available from 9:00am—5:00pm, Monday through Friday. Please have your registration information and your MasterCard, Visa, American Express or Discover Card number ready when you call.



If you are registering by fax and paying with MasterCard, Visa, American Express or Discover, our fax number is 215-878-7470.

## LOCATION

Location of all CRD Training Institute Courses: Christian Stronghold Church

4701 Lancaster Avenue (near 48th Street & Girard Avenue) · Philadelphia, PA 19131

## **TUITION**

All of our courses are reasonably priced so that you are able to make learning a lifelong process.



•	BC1—Foundation For Counseling	.\$165.00
•	BC2—Learning To Counsel Others	.\$165.00
•	BC3—Counseling Topics	.\$165.00
•	BC4—Case Presentations & Review	.\$449.00
•	12-Steps With God—Part 1	.\$165.00

NEW—Secrets For A Successful Marriage That Will Last A Lifetime...\$165.00

## CHRISTIAN RESEARCH & DEVELOPMENT TRAINING INSTITUTE

## **REGISTRATION FORM – 2023 FALL TERM**

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